

You can use the follow template in your states for each LSC to notify the membership:

## Concussion Training Required in \_\_\_\_\_ Date:

\_\_\_\_\_ has modified existing school concussion law to apply the concussion requirements to youth sports organizations in which athletes participate, including swimming.

1. The law requires that a youth athletic program must immediately remove an athlete from an athletic activity for the remainder of the day, if the athlete is suspected of sustaining a concussion or head injury , and prohibit the athlete from returning to the activity until the athlete is evaluated by a licensed health care provider, trained in the management of concussions, and acting within the scope of his or her practice. The athlete must receive written clearance from the licensed health care provider to return to the athletic activity. If the athlete is diagnosed with a concussion, they must go through a graduated return to play protocol of no less than seven days under the supervision of a licensed health care provider. Youth sports organizations must also notify the parents or guardians of athletes who have been removed from athletic activities due to suspected concussions.
2. Coaches and \_\_\_\_\_ must successfully complete the concussion and head injury education required under the bill at least once either online or in person. The following courses from the Center for Disease Control and Prevention (CDC) or the National Federation of State High School Associations (NFHS) satisfy the requirements. Coaches and administrators must keep evidence of passing these courses to provide to your LSC.

[CDC Concussion Course](#)

[NFHS Concussion Course](#)

3. Youth sports organizations must also give a concussion and head injury information sheet to each athlete. The Acknowledgment form shall be signed and returned by the athlete and, if the athlete is 17 years of age or younger, shall also be signed by the athlete's parent or guardian, before the athlete initiates practice or competition. The information sheet and acknowledgement may be sent and returned through an electronic medium including, but not necessarily limited to, fax or electronic mail. The Acknowledgement form is a Word document and you may add your team logo and team name to the form. At some swim meets you may be required to turn in a copy of the Acknowledgement, please be sure to keep a copy with your team.

[Concussion Information Sheet for Parents and Swimmers](#) [Concussion-information-acknowledgement-general](#)

4. USA Swimming has also developed concussion and head injury education materials for coaches and administrators. Attached is a concussion at the pool checklist for coaches, officials, and parents.

[Concussion at the pool Checklist](#)

If you have any questions on this please contact [George Ward](#), Senior Director of Risk Management, USA Swimming

Hope this helps.

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Report Accidents: [www.usaswimming.org/reportofoccurrence](http://www.usaswimming.org/reportofoccurrence)  
[www.usaswimming.org/riskmanagement/insurance](http://www.usaswimming.org/riskmanagement/insurance)

